

# AFC CUSD 275

Middle School Lunch

FEBRUARY

Jan 12, 2015

Page 1

Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
2 SALISBURY STEAK *** MASHED POTATOES*** BROWN GRAVY WHEAT BREAD PEACHES SLICED** CHOCOLATE MILK WHITE 1% LOW FAT MILK *	3 PANCAKES SAUSAGE LINKS OVAL HASHBROWNS ORANGE JUICE CHOCOLATE MILK WHITE 1% LOW FAT MILK *	4 CHEESEBURGER ON WHEAT BUN** CARROTS PEARS SLICED*** PICKLES,SWEET CHOCOLATE MILK WHITE 1% LOW FAT MILK *	5 WALKING TACOS LETTUCE SALAD** CORN *** PINEAPPLE TIDBITS CHOCOLATE MILK WHITE 1% LOW FAT MILK *	6 TACO PIZZA *** FRENCH CUT GREEN BEANS** MIXED FRUIT*** CHOCOLATE MILK WHITE 1% LOW FAT MILK *	Avg Nutrients    Target Cals...            616        100%
9 CHICKEN PATTY ON WHEAT BUN** PEAS ** MANDARIN ORANGES** PICKLES,SWEET CHOCOLATE MILK WHITE 1% LOW FAT MILK *	10 CORN DOGS FRENCH CUT GREEN BEANS** PEACHES SLICED** CHOCOLATE MILK WHITE 1% LOW FAT MILK *	11 PEANUT BUTTER SANDWICH CHILI **** CRACKERS APPLESAUCE CHOCOLATE MILK WHITE 1% LOW FAT MILK *	12 BBQ CHICKEN OVER RICE ** GREEN BEANS CUT*** MIXED FRUIT*** CHOCOLATE MILK WHITE 1% LOW FAT MILK *	13 NO SCHOOL TODAY	Avg Nutrients    Target Cals...            574        96%
16 NO SCHOOL TODAY	17 CHICKEN FAJITA*** CORN *** PINEAPPLE TIDBITS CHOCOLATE MILK WHITE 1% LOW FAT MILK *	18 CHICKEN RINGS*** MASHED POTATOES***^ CHICKEN GRAVY** WW WHITE BREAD SARALEE*** MANDARIN ORANGES** CHOCOLATE MILK WHITE 1% LOW FAT MILK *	19 SPAGHETTI AND MEAT SAUCE*** LETTUCE SALAD** CARROTS WW WHITE BREAD SARALEE*** PEACHES SLICED** CHOCOLATE MILK WHITE 1% LOW FAT MILK *	20 CHEESE PIZZA*** FRENCH CUT GREEN BEANS** APPLESAUCE*** BROWNIE CHOCOLATE MILK WHITE 1% LOW FAT MILK *	Avg Nutrients    Target Cals...            593        99%
23 CHICKEN STRIPS** MASHED POTATOES***^ CHICKEN GRAVY** WW WHITE BREAD SARALEE*** PEACHES SLICED** CHOCOLATE MILK WHITE 1% LOW FAT MILK *	24 MINI CORN DOGS BUSH BAKED BEANS** MIXED FRUIT*** CHOCOLATE MILK WHITE 1% LOW FAT MILK *	25 GRILLED CHEESE SANDWICH** TOMATO SOUP** CRACKERS PEARS SLICED*** CHOCOLATE MILK WHITE 1% LOW FAT MILK *	26 SLOPPY JOE ON A ROLL FRENCH FRIES CARROTS APPLESAUCE*** CHOCOLATE MILK WHITE 1% LOW FAT MILK *	27 PEPPERONI PIZZA*** FRENCH CUT GREEN BEANS** LETTUCE SALAD** MANDARIN ORANGES** CHOCOLATE MILK WHITE 1% LOW FAT MILK *	Avg Nutrients    Target Cals...            606        100%

\*\*MENU SUBJECT TO CHANGE\*\*

**\*N/A\*** - denotes a nutrient that is either missing or incomplete for an individual ingredient.

**\*** - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.