

# AFC CUSD 275

## Middle School Lunch

APRIL

Apr 7, 2015

Page 1

Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
		1 NO SCHOOL TODAY	2 NO SCHOOL TODAY	3 NO SCHOOL TODAY	Avg Nutrients Target Cals... *N/A*
6 NO SCHOOL TODAY	7 CHICKEN PATTY ON BUN*** FRENCH FRIES GREEN BEANS CUT*** MANDARIN ORANGES** CHOCOLATE MILK WHITE 1% LOW FAT MILK *	8 CORN DOGS BUSH BAKED BEANS** PEACHES SLICED** JELL-O WHITE 1% LOW FAT MILK *	9 HAM AND CHESSE WRAPS LETTUCE SALAD** PASTA SALAD GRAPES,Fresh*** WHITE 1% LOW FAT MILK *	10 SAUSAGE PIZZA* CARROTS BROCCOLI FLORETS APPLE,Fresh WHITE 1% LOW FAT MILK *	Avg Nutrients Target Cals... 604 100%
13 PANCAKES SAUSAGE LINKS OVAL HASHBROWNS ORANGE JUICE WHITE 1% LOW FAT MILK *	14 NO LUNCH	15 SALISBURY STEAK *** MASHED POTATOES*** BROWN GRAVY PEACHES SLICED** WW WHITE BREAD SARALEE*** WHITE 1% LOW FAT MILK *	16 GRILLED CHEESE SANDWICH** CHICKEN RICE SOUP CARROTS PEARS SLICED*** WHITE 1% LOW FAT MILK *	17 TACO PIZZA *** FRENCH CUT GREEN BEANS** BROCCOLI FLORETS PINEAPPLE TIDBITS WHITE 1% LOW FAT MILK *	Avg Nutrients Target Cals... 712 102%
20 POPCORN CHICKEN** MASHED POTATOES*** CHICKEN GRAVY** WW WHITE BREAD SARALEE*** MIXED FRUIT*** CHOCOLATE MILK WHITE 1% LOW FAT MILK *	21 FISH STICKS BUSH BAKED BEANS** PEACHES SLICED** WHITE CAKE CHOCOLATE MILK WHITE 1% LOW FAT MILK *	22 CHICKEN NUGGETS** CARROTS PEARS SLICED*** BROWNIE CHOCOLATE MILK WHITE 1% LOW FAT MILK *	23 JUMBO TACO'S MEAL*** LETTUCE SALAD** CORN *** PINEAPPLE TIDBITS CHOCOLATE MILK WHITE 1% LOW FAT MILK *	24 CHEESE PIZZA*** GREEN BEANS CUT*** PEACHES SLICED** CHOCOLATE MILK WHITE 1% LOW FAT MILK *	Avg Nutrients Target Cals... 598 100%
27 HAM MASHED POTATOES*** BROWN GRAVY WW WHITE BREAD SARALEE*** MANDARIN ORANGES** CHOCOLATE MILK WHITE 1% LOW FAT MILK *	28 CHEESEBURGER ON WHEAT BUN** FRENCH CUT GREEN BEANS** APPLESAUCE*** ICE CREAM VANILL A CHOCOLATE MILK WHITE 1% LOW FAT MILK *	29 SAUSAGE EGG & CHEESE BISCUITS* OATMEAL OVAL HASHBROWNS ORANGE JUICE WHITE 1% LOW FAT MILK * CHOCOLATE MILK	30 CHICKEN FAJITA*** CARROTS PEACHES SLICED** PUMPKIN BARS CHOCOLATE MILK WHITE 1% LOW FAT MILK *	1 PEPPERONI PIZZA*** GREEN BEANS CUT*** BROCCOLI,raw APPLE,Fresh CHOCOLATE MILK WHITE 1% LOW FAT MILK *	Avg Nutrients Target Cals... 616 100%

\*\*MENU SUBJECT TO CHANGE\*\*

WHITE AND CHOCOLATE MILK SERVED WITH EACH MEAL

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.